



## Need advice on My Aged Care?

COTA SA's experienced volunteer Aged Care Peer Champion is available to provide free independent information, support and practical assistance to individually help you understand aged care services in your own home and navigate My Aged Care.



Aged Care Peer Champion, Julie Johnston

### Ardrossan Library

14 Second Street, Ardrossan

**Every Tuesday, 1-2pm**

For more information contact:

**Julie Johnston, Aged Care Peer Champion**  
**0438 662 510**