



NAVIGATING AGEING WELL

How to access home care packages through My Aged Care

Chat with an LGBTI volunteer about future aged care support options for you and your loved ones

Drop in sessions:

Mitcham Memorial Library
154 Belair Road, Hawthorn

Wednesday 21 October and 18 November
2pm - 4pm

More information: www.cotasa.org.au or rainbowhub@cotasa.org.au

The Aged Care Navigators trial is delivered by COTA SA as part of a consortium led by COTA Australia and funded by the Australian Government.

www.AgedCareNavigators.org.au



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Blackwood Library 8372 8255
library.mitchamcouncil.sa.gov.au