

# Let's Talk Aged Care

## Limestone Coast



Individual, group, in person or on the phone - COTA SA's aged care volunteers across the Limestone Coast will help you access and learn about My Aged Care.

*FREE &  
INDEPENDENT*

### **KINGSTON**

**Karyn Baker**  
0404 606 134

### **ROBE**

**Cathy Brewin**  
0402 145 317

### **PENOLA**

**Roz Minion**  
0428 348 129

### **MT GAMBIER**

**Kathy Griffen**  
0427 122 987

### **MILLICENT**

**Andrew Tilley**  
0435 134 533

### **Bruce Clayson**

0428 627 387



If your town is not listed, please call  
Karyn Baker from Kingston.

The Aged Care Navigators trial is delivered by COTA SA as part of a consortium led by COTA Australia and funded by the Australian Government. [www.AgedCareNavigators.org.au](http://www.AgedCareNavigators.org.au)

**COTA SA**

Helen Morley, Country Programs Officer

Free call: 1800 182 324

E: [acs@cotasa.org.au](mailto:acs@cotasa.org.au)