



# Need help navigating the Aged Care Systems

## Naracoorte

Drop in and chat to local **Kassie**, volunteer Aged Care Navigator who is here to support you to understand and navigate the aged care systems, including My Aged Care.

### What help is available

Do you have a question to ask, need some assistance to connect with organisations providing Aged Care support in your home, help with a form or even just how to register with My Aged Care, then Kassie will guide you. If you have a social group or club, ask her how she can also provide group talks too.

The Aged Care Navigators Trial is delivered by COTA SA as part of a consortium led by COTA Australia and funded by the Australian Government.

### Where can you chat to Kassie

**Date:** Every Monday  
**Time:** 10am - 11:30am  
**Venue:** Naracoorte Public Library

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