

## **SOUTH AUSTRALIAN LGBTI+ ORGANISATIONS**

This list has been compiled by Jackie Wurm, COTA SA Rainbow Hub from The Rainbow Directory SA and other online sources. There may be other groups to add. Updated 22 February 2023

***South Australian LGBTI+ organisations coming together better*** is the title of a workshop being hosted by COTA SA's Rainbow Hub and the South Australian Rainbow Advocacy Alliance (SARAA) at the Better Together Conference in Adelaide 17-18 February 2023. South Australian LGBTI+ organisations from across the state are invited to come together face to face. Let's share our plans, issues, advocacy matters and ideas for closer collaboration and support. Stronger together. This will help LGBTI+ community organisations collaborate more to benefit all, contribute to building greater support and coordination across organisations and foster community connections and capacity building.

### **The Rainbow Directory SA**

The Rainbow Directory SA is an online portal of LGBTIQA+ services, groups, activities and organisations across South Australia, managed by Catalyst Foundation. The website is free to use, and free to register your service. We welcome anyone who provides a service or runs an activity that is specific to LGBTIQA+ people to register your service on the website.

<https://www.rainbowdirectorysa.com.au/>

### **METROPOLITAN-BASED**

#### **Adelaide Sharks**

The Adelaide University Sharks is Adelaide's gay & inclusive rugby union team.

[adelaideunisharksrugby@gmail.com](mailto:adelaideunisharksrugby@gmail.com)

<https://www.facebook.com/adelaideunisharksrugby/>

#### **Bfriend**

Bfriend is a unique service that has operated in SA since 1995 supporting the LGBTIQA+ community and their families. Our free and confidential services include peer support, community connections, workplace training and volunteering opportunities for the community. We also support those in regional areas by email and/or phone. Telephone/video conference options available. Bfriend also operates the Adelaide LGBTIQ Events page, an online listing for LGBTIQA+ social groups across SA.

[www.unitingcommunities.org/service/community-support/lgbtqa-support](http://www.unitingcommunities.org/service/community-support/lgbtqa-support)

[www.facebook.com/BfriendUC/](http://www.facebook.com/BfriendUC/)

[bfriend@unitingcommunities.org](mailto:bfriend@unitingcommunities.org)

#### **Catalyst Foundation**

Catalyst Foundation organise [social activities for LGBTIQA+ aged 50+](#) and provide [LGBTIQA+ training](#). Our [Toward a Safe Place](#) project provides information about LGBTIQA+ domestic and family violence, and have a monthly newsletter. We also run the [Rainbow Directory SA](#).

[LGBTIQA+ - Catalyst Foundation](#)

Sarah Childs [sarahchilds@catalystfoundation.com.au](mailto:sarahchilds@catalystfoundation.com.au)

Facebook [LGBTIQA+ Social Groups for people 50+](#)

## **ColourFull Abilities**

ColourFull Abilities focuses on the coming together of people from multiple diverse groups in particular people with a disability and members of the LGBTQIA+ Community. We aim to increase social and community participation for individuals with an NDIS plan and provide a safe space for people to accept themselves for who they are. This includes LGBTQIA+ Inclusivity Training for internal and external workers (Intersectional understandings of LGBTQIA+ & Disability)

[www.colourfullabilities.com](http://www.colourfullabilities.com)

[www.facebook.com/ColourFullAbilities](https://www.facebook.com/ColourFullAbilities)

[admin@colourfullabilities.com](mailto:admin@colourfullabilities.com)

## **COTA SA Rainbow Hub**

The Rainbow Hub provides programs and activities focussed on the Lesbian, Gay, Bisexual, Transgender & Intersex+ (LGBTI+) community aged 50+. Join us at our lunches + events, [sign up](#) for our free newsletter, be supported to access aged care help, be part of our [visitors program](#). We also advocate on key issues and offer [Silver Rainbow](#) - Diversity & Inclusion Training & Consulting. [Rainbow Horizons](#) is our inclusive end of life project.

[www.cotasa.org.au/rainbowhub](http://www.cotasa.org.au/rainbowhub)

[cotasa@cotasa.org.au](mailto:cotasa@cotasa.org.au)

[www.facebook.com/rainbowhubsa](https://www.facebook.com/rainbowhubsa)

## **Drop In Care Space**

The Care Space is a 100% peer run community art and social hub on Kurna Land for lgbtqia+, autistic, neurodivergent & disabled folks to connect with others, take a break, create and enjoy activities and find ways to look after your well-being.

<https://www.dropincarespace.com/>

[board@dropincarespace.com](mailto:board@dropincarespace.com)

<https://www.facebook.com/dropincarespace>

## **Feast Festival**

Feast is Adelaide's LGBTIQ+ Queer Arts and Cultural Festival *glittered* throughout "Pridevember" - one of 11 major Festivals in South Australia and is the 3rd largest LGBTIQ+ Festival in the country. Feast is an International event, bringing performers from all over the world.

[www.feast.org.au](http://www.feast.org.au)

[www.facebook.com/FeastFestival](https://www.facebook.com/FeastFestival)

[office@feast.org.au](mailto:office@feast.org.au)

## **Feast Queer Youth Drop In**

Feast Queer Youth Drop In is a social drop in space for queer young people between the ages of 15-25. No prior booking is required. There are different activities that run each drop in, or you can just come along and hang out with others. Dinner is also available for a gold coin donation.

[www.facebook.com/feastdropin](https://www.facebook.com/feastdropin)

[ypo@feast.org.au](mailto:ypo@feast.org.au)

### **Gay and Lesbian Immigration Task Force SA Inc.**

MISSION: To achieve equality in the Australia immigration system and provide social support for Members, to assist in settlement and advocate on behalf of members to support services.

[www.sa.glitf.org.au](http://www.sa.glitf.org.au)  
[secretary@sa.glitf.org.au](mailto:secretary@sa.glitf.org.au)

### **Intersex Peer Support Australia (IPSA)**

[www.isupport.org.au](http://www.isupport.org.au)  
[www.facebook.com/intersexpeersupport/](https://www.facebook.com/intersexpeersupport/)  
[channaford@adam.com.au](mailto:channaford@adam.com.au)

### **Kindred Spirits for Transgender, Gender Diverse and Non Binary communities**

Kindred Spirits is a safe social group for LGBTIQ+ peoples and family and allies. We also host a number of social events at different locations.

[www.tllpc.com](http://www.tllpc.com)  
[info@tllpc.com](mailto:info@tllpc.com)  
[www.facebook.com/TLLPC.ks/](https://www.facebook.com/TLLPC.ks/)

### **LGBTI Connect**

ECH LGBTI Connect provides culturally safe access, navigation, advocacy and connection to aged care services for and from LGBTI community members in South Australia. The Team comprises five older members of the LGBTI community who assist older LGBTI people to access aged care services, including registering with My Aged Care. The LGBTI Connect Rainbow Social Group meets monthly for events and bus trips. Additionally, the LGBTI Individual Visitors Program provides friendly volunteers for older LGBTI people who are at risk of loneliness or social isolation.

[lgbticonnect.ech.asn.au/](http://lgbticonnect.ech.asn.au/)  
Robyn Lierton [rburton@ech.asn.au](mailto:rburton@ech.asn.au)

### **Out for Australia**

A volunteer run, not-for-profit, to support young LGBTIQ+ professionals across all industries, through the early stages of their careers, through the provision of mentors, visible role models and events. Through the online platform Mentorloop, individuals can register as mentors and/or mentees. Out for Australia is a national organisation with a state team based in South Australia.

[www.outforaustralia.org/](http://www.outforaustralia.org/)  
[sa@outforaustralia.org](mailto:sa@outforaustralia.org)  
[www.facebook.com/OutforAustralia/](https://www.facebook.com/OutforAustralia/)

### **Parkstone Foundation**

The Foundation is managed by a committee of honorary Trustees who ensure that the Trust Fund is used for its intended purpose which is to support LGBTIQ+ community projects consistent with its objectives. Since its inception, the Foundation has allocated over \$50,000 to support 72 LGBTIQ+ community projects in SA.

<https://www.parkestonefoundation.org/>  
[parkestonefoundation@gmail.com](mailto:parkestonefoundation@gmail.com)

### **Pink Parents SA**

Pink Parents SA are a group of prospective and established families of South Australia's same-sex community, with a facebook community and regular family meetups/playgroups.

[www.facebook.com/groups/pinkparentssa/](http://www.facebook.com/groups/pinkparentssa/)

### **Positive life SA**

is a peer driven organisation, led by a community elected HIV positive Board of Management and has grown from modest beginnings to become an integral provider of information, advocacy, and support to positive people across South Australia.

<https://positivelifesa.org.au/>  
[president@hivsa.org.au](mailto:president@hivsa.org.au)  
<https://www.facebook.com/positivelifesa/>

### **Pride of the South**

A Volunteer based Community Support Group for the Southern suburbs LGBTIQ+ Community with a focus on building connections and advocating for Acceptance, Respect and Equality.

[www.prideofthesouthblog.wordpress.com](http://www.prideofthesouthblog.wordpress.com)  
[prideofthesouth15@gmail.com](mailto:prideofthesouth15@gmail.com)  
[www.facebook.com/SouthernLGBTIQPride](http://www.facebook.com/SouthernLGBTIQPride)

### **Queer Amnesty International Adelaide Action Group**

We are a group dedicated to advocating equality for queer people through our activism, sharing queer related news and hosting community based events. Our events are accessible and held on Kurna land. Everyone is welcome!

[lgbtq.amnestyadelaide@gmail.com](mailto:lgbtq.amnestyadelaide@gmail.com)  
[www.facebook.com/QueerAdelaideAI](http://www.facebook.com/QueerAdelaideAI)

### **QueersInScience**

QueersInScience is an initiative aiming to build community and improve support for LGBTIQ+ people working in STEMM (Science, Technology, Engineering, Mathematics, and Medicine) in Australia to foster and champion inclusion of LGBTIQ+ people within STEMM organisations.

[www.queersinscience.org.au/](http://www.queersinscience.org.au/)  
[www.facebook.com/groups/QueersInScienceSA](https://www.facebook.com/groups/QueersInScienceSA)  
[queersinscience@gmail.com](mailto:queersinscience@gmail.com)

### **Rainbow Crows**

Rainbow Crows started in August 2016 as the non-profit, queer supporter group for the Adelaide Football Club. We are an inclusive, diverse social and community group for anyone in the LGBTIQ community and its allies with the aim of providing an environment that safely allows everyone to passionately support the Adelaide Crows teams.

<https://rainbowcrows.org/>  
[president@rainbowcrows.org](mailto:president@rainbowcrows.org)  
<https://www.facebook.com/rainbowcrows>

### **SAMESH - SA Mobilisation + Empowerment for Sexual Health**

SAMESH was created in 2015 as part of a joint initiative between lead agency, ShineSA and VAC (Victorian AIDS Council), to support education, training and advocacy of sexual health and HIV. We provide a range of services and initiatives all designed to provide people with information, education, and programs to enhance their sexual health and well-being. These services are open to people of all cultural backgrounds and gender experiences.

[www.samesh.org.au](http://www.samesh.org.au)  
[samesh-enquiries@samesh.org.au](mailto:samesh-enquiries@samesh.org.au)  
<https://www.facebook.com/samesh.org.au>

### **SA Pride at Work**

SA based professionals collaborating and sharing resources to support educate and promote LGBTIQ+ equality in the workplace.

[saprideatwork@gmail.com](mailto:saprideatwork@gmail.com)  
[www.facebook.com/SAPrideAtWork/](https://www.facebook.com/SAPrideAtWork/)

### **SARAA (South Australian Rainbow Advocacy Alliance)**

SARAA is a community run charity working for an LGBTIQ+ inclusive, healthy and safe South Australia, through advocacy, community building, and awareness raising.

[www.saraa.org.au](http://www.saraa.org.au)  
[info@saraa.org.au](mailto:info@saraa.org.au)  
<https://www.saraa.org.au>

### **SHINE**

SHINE SA provides sexual health and relationship well-being services including clinics, counselling, education and information. They support groups including <https://www.facebook.com/TransFemmeSHINESA/>

<https://shinesa.org.au/>  
[info@shinesa.org.au](mailto:info@shinesa.org.au)

<https://www.facebook.com/SHINESAinc/>

### **The Cottage Adelaide**

Our priority is to meet the needs of LGBTIQ and HIV+ community members aged 16 years and above living in Adelaide, including to make positive changes in relation to drinking and using drugs. We address the fact that our communities often experience higher levels of harmful substance use and that alcohol and other drug (AOD) service use is lower in our communities. *Our service is free of charge.*

<https://thorneharbour.org/services/alcohol-and-other-drug-services-aod/the-cottage-adelaide/>  
[matt.trenorden@thorneharbour.org](mailto:matt.trenorden@thorneharbour.org)  
[facebook.com/thorneharbour](https://facebook.com/thorneharbour)

### **Transgender and Gender Diverse Social Group**

Monthly coffee morning for transgender and gender diverse people aged 50+ to enjoy good cake, coffee and conversation. Come and meet old friends and make new ones. Contact [mbeagley@ech.asn.au](mailto:mbeagley@ech.asn.au)

WHEN: 10:30 - 12:00pm usually Wednesdays once a month

WHERE: Café Komodo, 118 Prospect Rd, Prospect

### **TransMascSA**

A FREE group for trans and gender diverse people, presumed female at birth, who identify as trans men, trans masculine or non-binary/gender diverse+. Meeting regularly on Wednesdays at 57 Hyde Street, TransMascSA is a safe, confidential, social support style group that promotes holistic well-being and social connectedness through peer support. The group is for those aged 13+ (no upper age limit) with parental consent strongly recommended for those under the age of 18.

[www.transhealthsa.com](http://www.transhealthsa.com)  
[transmascsa@outlook.com.au](mailto:transmascsa@outlook.com.au)  
[www.facebook.com/TransMascSA](https://www.facebook.com/TransMascSA)

### **UNIDOS/PEACE Multicultural Services at Relationships Australia South Australia**

A friendly community group for people who are same sex attracted or curious about their sexuality from multicultural and non-English speaking backgrounds. We also welcome people who would like to contribute through friendship, social support, networking and allyship.

Tingting: [t.zhou@rasa.org.au](mailto:t.zhou@rasa.org.au) Ben-Hur: [b.winter@rasa.org.au](mailto:b.winter@rasa.org.au)

<https://www.facebook.com/groups/Unidos.rasa/> (Private) 08 8245 8100 (Mon-Fri 9am-5pm)

### **Uranian Society of South Australia**

Established in 1989, the Uranian Society of SA is a group for men who identify as Gay, Bi, Trans, Queer with an interest in Gay Men's arts and culture. Meeting monthly (excluding January, February & November), we gather for social interaction as well as hearing from guest speaker/s.

[www.uraniansocietysa.wordpress.com](http://www.uraniansocietysa.wordpress.com)  
[uraniansocietysa@hotmail.com](mailto:uraniansocietysa@hotmail.com)

## **REGIONALLY-BASED**

### **Fleurieu Pride**

Fleurieu Pride is a LGBTIQ+ social group in the Southern Fleurieu, South Australia

[fleurieupride@gmail.com](mailto:fleurieupride@gmail.com)

<https://fleurieupride.wordpress.com>

<https://www.facebook.com/FleurieuLGBTIQ>

### **LGBTIQ+ Mid-North SA**

This group's aim is to inform and support LGBTIQ+ people living in the Mid-North Region of South Australia. Here you will find information about local LGBTIQ+ events and services and other broader information from other like groups and services generally. This group is a Private Group and a safe and respectful space for LGBTIQ+ people.

<https://www.facebook.com/groups/667140880842570/about>

### **Limestone Coast Connect**

The purpose of this group is to provide a place where LGBTIQ+ people across the Limestone Coast can be connected to community. It is a space for information, news, events, support and education. This group is for adults 18 years and older. Minors are catered for by Headspace Mt Gambier.

[limestone.coast.lgbtiq@gmail.com](mailto:limestone.coast.lgbtiq@gmail.com)

<https://www.facebook.com/groups/lcgbtconnect>

### **LGBTIQ+ Yorke Peninsula**

A group for the LGBTIQ+ Community on the Yorke Peninsula. Chat, make new friends, catch up, seek advice and support, find information about local LGBTIQ+ events and services and other broader information from other like groups and services generally. This group is a Private Group for LGBTIQ+ people over the age of 18 years.

<https://www.facebook.com/groups/119460909391130/>