Let's talk Aged Care

COTA SOUTH AUSTRALIA

INFORMATION SHEET 4

A MORE IN-DEPTH ASSESSMENT FOR A HOME CARE PACKAGE

If you have higher support needs, you will require a more in-depth assessment called an Aged Care Assessment with someone from the Aged Care Assessment Team – this is commonly called an ACAT Assessment. This is done with you in your home.

What happens after the assessment?

1. You will receive an approval letter for a Home Care Package from My Aged Care. This means you are now on the waiting list for a Package. There are four levels of Packages – 1, 2, 3 and 4.

When a package becomes available:

2. You will be notified that you have been assigned a package. This means that you now need to find a Home Care Package provider who can provide the services that you need.

3. A good place to start to find a provider is to use the My Aged Care website 'Find A Provider' section. Here you can put in your suburb, language and services you need. This will then show you a list of Providers. You can then read about each, compare them and contact them to ask questions. You can choose which Provider best meets your needs. This might include their fees and charges, availability and specialisations like language, cultural background, health condition or special needs.

COTA SA assists people with understanding and navigating the aged care system including finding service providers.

4. Once you have contacted and chosen an Aged Care Service Provider, you can negotiate directly with them for services. It is likely you will then develop a service plan together that best meets your current care needs, with the Aged Care Provider you have chosen. This assessment is to plan what you want the service provider to do for you, according to the package level you have been approved for.

Notes:

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